

61% OF THE CATS IN THE U.S. ARE OVERWEIGHT OR OBESE⁺

YOUR CAT TOO CHUBBY?

OBESITY IS A GROWING PROBLEM AFFECTING THE LIVES OF DOMESTICATED CATS.

1 Limit Treats



Treats can add lots of calories!



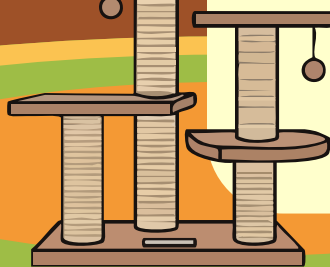
3 Feed An Appropriate Food

Choose a **healthy diet** formulated for weight loss, including high-quality protein and a balance of essential vitamins and minerals.



5 Increase Your Cat's Activity Level

15-20 minutes of daily physical exercise will help aid in weight loss. Consider using interactive toys.*



2 Monitor Your Cats Calories

Calculate the right amount for your cat. **Your veterinarian** can suggest the ideal body weight.



4 Partner with Your Veterinarian

Meet with your veterinarian to work out a **weight-loss plan**



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⁺Cornell Feline Health Center. <https://www.vet.cornell.edu/departments-centers-and-institutes/cornell-feline-health-center/health-information/feline-health-topics/obesity>

*Chewy. How to Help Your Cat Lose Weight. July 17, 2025. <https://www.chewy.com/education/cat/training-and-behavior/how-to-help-a-cat-lose-weight>

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